

Risks- What can go wrong, in the mouth, when you have Dysphagia?

- Food falling from mouth
- Dribbling
- Difficulty using tongue
- Food coming out of nose
- Keeping food in mouth for a long time

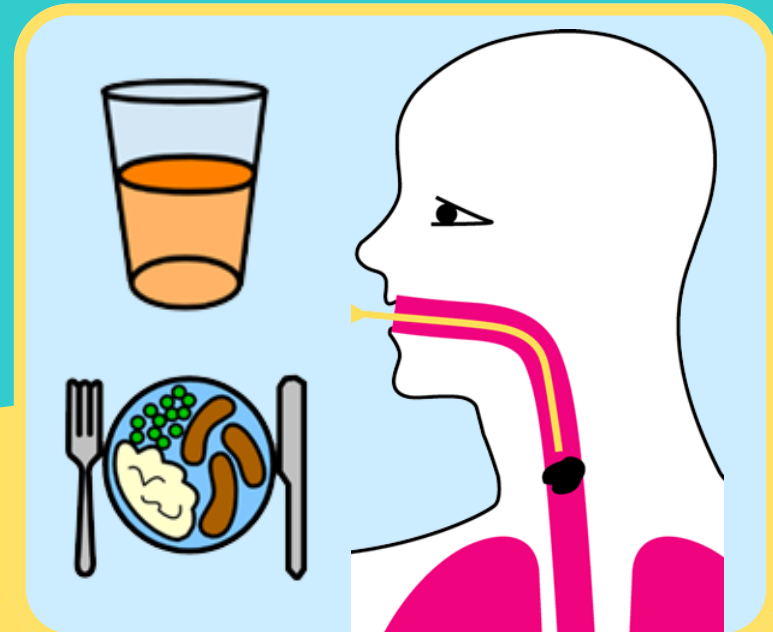
Speech and Language Therapy

Can help you with safer swallowing:
Give you advice on food textures, seating positioning, adapted equipment, support strategies and further medical advice.



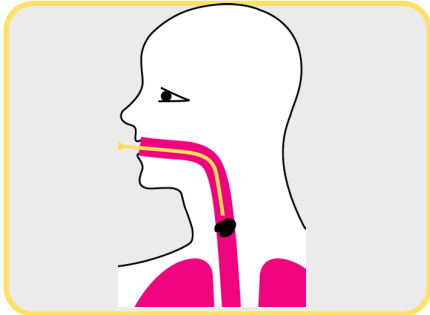
What is Dysphagia?

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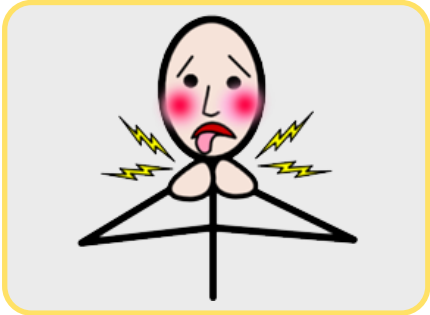


What happens when you have Dysphagia?

People with Dysphagia can have difficulties eating.



People with Dysphagia can have difficulties drinking.

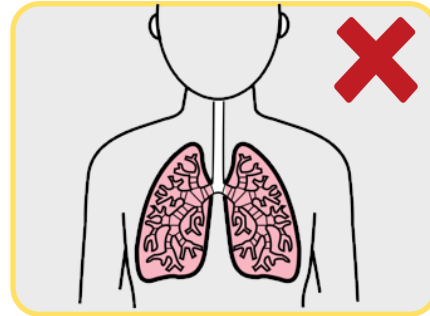
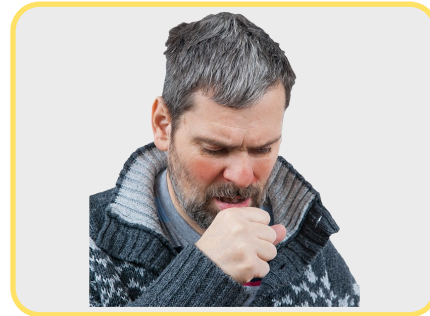


Dysphagia may cause problems with swallowing which can result in food or drink going down the wind-pipe.

Warning Signs of Dysphagia:



- Coughing or choking
- Watery eyes
- Changes in eating habits- eating more slowly or avoiding certain foods
- Frequent throat clearing
- Difficulty holding food in the mouth and drooling
- Feeling food is stuck in the throat
- Unexplained weight loss
- 'Wet' or gurgly voice
- Recurring chest infections
- Vomiting or regurgitation



Risks- What can go wrong, in the throat, when you have Dysphagia?

- Food going into the throat before swallowing starts
- Airway not closing and food going into the lungs
- Food left in throat after swallowing

