

# Sexual Health



**A Sexual Health Facilitator helps people with Learning Disabilities to have information, help and support with their sexuality, sexual health and personal relationships.**

## A Sexual Health Facilitator can help you with:



Advice on sexuality and sexual health.



Suggest problem solving plans and strategies for inappropriate sexual behaviour.

## A Sexual Health Facilitator can help you with:



Advise on laws relating to sexuality.



Offer information on sexuality, sexual health, relationships through a Drop-In Group for Adults with Learning Disabilities or through individual sessions in your own home or at a therapy centre.



Help staff through sexual health training in order to better support you with your sexual well-being.



Support parents and carers regarding issues relating to the sexuality of people with learning disability.



Offer practical advice on how to deliver information. Provide resources specifically designed for people who have a learning disability.